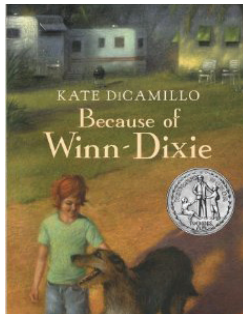




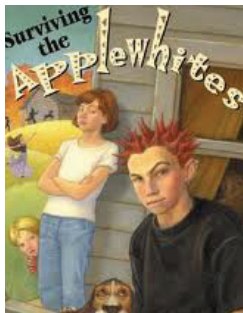
Gets Along With Others

Getting along with others is the ability to form positive and healthy relationships with peers and adults. Children with better abilities to regulate their emotions and behaviours have more friends and experience more positive playtime with their peers.



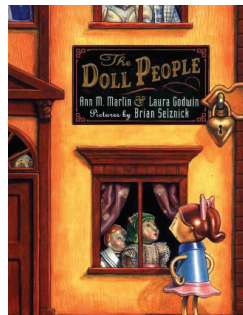
Because of Winn-Dixie (2009) by Kate DiCamillo

This is a story of loss, loneliness, acts of kindness, and friendship. When Winn-Dixie, a mongrel dog, enters the life of ten-year-old India Opal Buloni, not only is her life transformed but also that of others, both young and old, in the little town of Naomi, Florida.



Surviving the Applewhites (2012) by Stephanie S. Tolan

Jake Semple is notorious. Rumor has it he burned down his old school and got kicked out of every school in his home state. Only one place will take him now, and that's a home school run by the Applewhites, a chaotic and hilarious family of artists. Jake thinks surviving this one will be a breeze... but is he really as tough or as bad as he seems?



The Doll People (2003) by Ann Martin & Laura Godwin

Annabelle Doll is eight years old -- she has been for over a hundred years. Not much has happened, cooped up in the same dollhouse, with the same doll family day after day, year after year...but all that changes when the Funcrafts move in!



Martin Bridge in High Gear (2008) by Jessica Scott Kerrin

In the first story, Gibson is in Martin's group for the science fair project. Everything comes easily to Gibson, while Martin and the rest of the group are working overtime. In the second story, Martin's new bike is stolen -- and he'd only taken one ride! His Great Aunt Laverne, who's visiting, doesn't have a lot of sympathy for Martin. Aunt Laverne makes a suggestion that helps a downcast Martin realize the importance of volunteering his time to help kids who aren't as lucky as he is.



Compassionate and Kind

Being **compassionate and kind** is closely related to empathy. While empathy refers more generally to the ability to take the perspective of and to feel the emotions of another person, compassion goes one step further. Compassion includes the desire to take actions that will alleviate another person's distress.



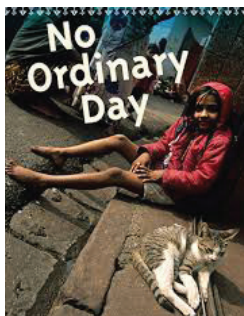
Wonder (2012) by R.J. Palacio

August Pullman was born with a facial deformity that, up until now, has prevented him from going to a mainstream school. Starting 5th grade at Beecher Prep, he wants nothing more than to be treated as an ordinary kid—but his new classmates can't get past Auggie's extraordinary face.



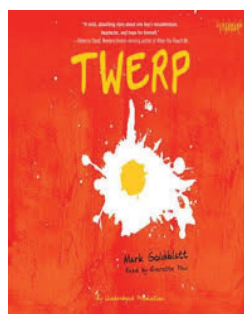
Mockingbird (2012) by Kathryn Erskine

11-year-old Caitlin has Asperger's Syndrome, and has always had her older brother, Devon, to explain the confusing things around her. But when Devon is killed in a tragic school shooting, Caitlin has to try and make sense of the world without him. With her dad spending most of his time crying in the shower, and her life at school becoming increasingly difficult, it doesn't seem like things will ever get better again.



No Ordinary Day (2011) by Deborah Ellis

After learning that her family adopted her, Valli runs away from home to live on the streets of Kolkata, India, where she begs, steals, and resists help from a doctor who reveals that she has leprosy.



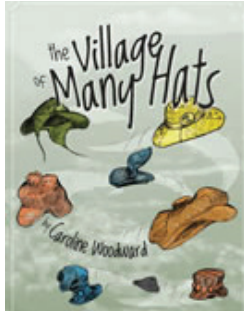
Twerp (2013) by Mark Goldblatt

Julian Twerski isn't a bully. He's just made a big mistake. So when he returns to school after a weeklong suspension, his teacher offers him a deal: if he keeps a journal and writes about the incident that got him and his friends suspended, he can get out of writing a report on Shakespeare. And so begins his account of life in sixth grade--blowing up homemade fireworks, writing a love letter for his best friend, and worrying whether he's still the fastest kid in school.



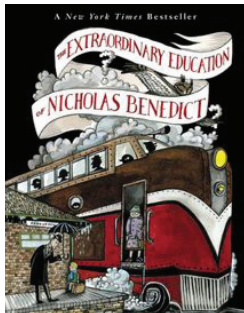
Solving Problems Peacefully

Solving problems peacefully is about creating an atmosphere where violence and aggression are not likely. To resolve conflict means using empathy, problem-solving skills, understanding other points of view and coming up with ways to make things right in a fair way. Peace is more than the absence of conflict and violence. It is recognizing and acting on the worth of self, others and the interconnectedness of humans.



The Village of Many Hats (2012) by Caroline Woodward

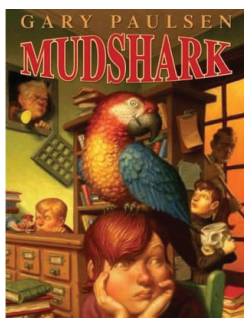
It takes a village to raise a child and to care for families in crisis. In *The Village of Many Hats* Caroline Woodward also shows it takes a child and a wise hat-maker, to save a village. Young Gina struggles with her sister's illness and a tragedy within her village that ultimately brings her community together.



The Extraordinary Education of Nicholas Benedict (2006)

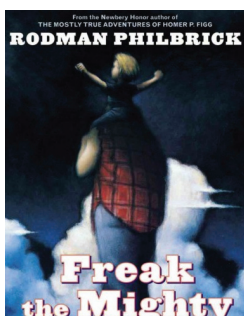
by Trenton Lee Stewart

Nine-year-old Nicholas Benedict has more problems than most children his age. Not only is he an orphan with an unfortunate nose, but also he has narcolepsy, a condition that gives him terrible nightmares and makes him fall asleep at the worst possible moments. Now he's sent to a new orphanage, where he encounters vicious bullies, selfish adults, strange circumstances -- and a mystery that could change his life forever.



Mudshark (2010) by Gary Paulsen

In *Mudshark*, Paulsen introduces readers to a resourceful boy who will have kids everywhere thinking, and laughing. Mudshark is cool. He's fast-thinking and fast-moving, and with his photographic memory, he's the go-to guy with the answers. Lost your shoe? Your dad's car? Can't find your homework? Ask Mudshark. At least, until the Psychic Parrot takes up residence in the school library. The word in school is that the parrot can out-think Mudshark.



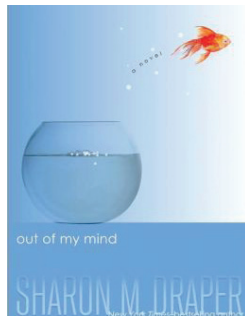
Freak the Mighty (1993) by W. Rodman Philbrick

Two boys – a slow learner stuck in the body of a teenage giant and a tiny Einstein in leg braces – forge a unique friendship when they pair up to create one formidable human force.



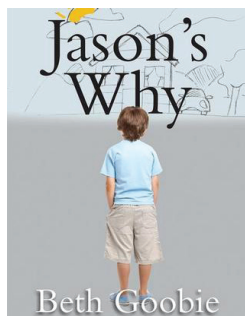
Secure and Calm

Secure and calm describes the ability to take part in daily activities and approach new situations without being overwhelmed with worries, sadness or anxiety. To be secure and calm also means being able to cope with stress and pressure, and to bounce back from difficulties.



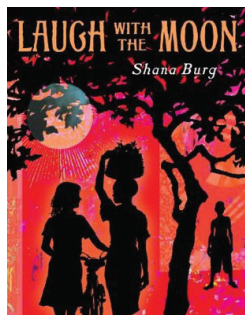
Out of My Mind (2012) by Sharon M. Draper

Melody is not like most people. She cannot walk or talk, but she has a photographic memory; she can remember every detail of everything she has ever experienced. She is smarter than most of the adults who try to diagnose her and smarter than her classmates in her integrated classroom. But Melody refuses to be defined by cerebral palsy. And she's determined to let everyone know it...somehow.



Jason's Why (2012) by Beth Goobie

Told in first person, *Jason's Why* relates the story of a nine-year-old boy who has been sent to a treatment centre by his mother because she can't handle him any longer. The kindness and care he starts to receive allows him to gain the courage to tell these new adults about his fears – despite his concern that his mother will not take him back. Both Jason and his mother must work towards an understanding of each other and their future together.



Laugh With The Moon (2012) by Shana Burg

Thirteen-year-old Clare Silver is stuck. Stuck in denial about her mother's recent death. Stuck in the African jungle for sixty-four days without phone reception. Stuck with her father, a doctor who seems able to heal everyone but Clare. When Clare's new friends take her on an outing to see the country, the trip goes horribly wrong, and Clare must face another heartbreak head-on. Only an orphan named Memory, who knows about love and loss, can teach Clare how to laugh with the moon.



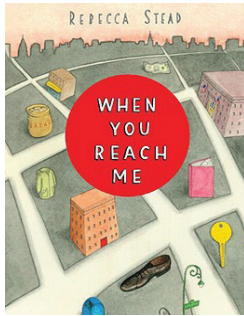
Addie on the Inside (2012) by James Howe

Addie Carle is a strong, smart, and sensitive girl struggling with the box society wants to put her in. Addie confronts experiences many readers will relate to: the loss of a beloved pet, first heartbreak, teasing...but also, friendship, love, and a growing confidence in one's self.



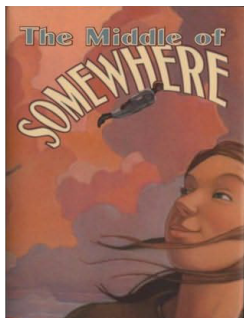
Alert and Engaged

Being **alert and engaged** is the ability to manage and direct one's own feelings, thoughts and emotions. In general, it is the ability to be 'present' and to exercise self-control.



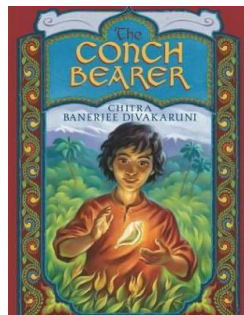
When You Reach Me (2009) by Rebecca Stead

By sixth grade, Miranda and her best friend, Sal, know how to navigate their New York City neighborhood. But things start to unravel. Sal gets punched by a new kid for what seems like no reason, and he shuts Miranda out of his life. The apartment key that Miranda's mom keeps hidden for emergencies is stolen. And then Miranda finds a mysterious note scrawled on a tiny slip of paper.



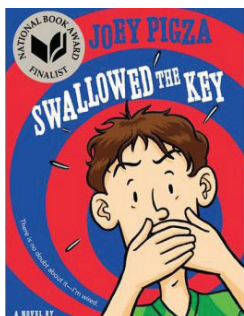
The Middle of Somewhere (2008) by J.B. Cheaney

Veronica Sparks is hitting the road and she is going to shake the dust of her little town off her shoes and see the world! On one weird, windy, wild ride across the prairie, Ronnie discovers that there are some things you just can't plan for or seize control of—but that sometimes a little chaos is just what a girl needs.



The Conch Bearer (2005) by Chitra Banerjee Divakaruni

In a dingy shack in the less-than-desirable Indian neighborhood he calls home, twelve-year-old Anand is entrusted with a conch shell that possesses mystical powers. His task is to return the shell to its rightful home many hundreds of miles away. His quest will take him farther from home than he's ever been and will teach him more than he ever imagined and it will force him to make a poignant decision that will change him forever.



Joey Pigza Swallowed the Key (2011) by Jack Gantos

Joey Pigza's got heart, he's got a mom who loves him, and he's got "dud meds," Ritalin pills that are supposed to even out his wild mood swings. Sometimes Joey makes bad choices. He learns the hard way that he shouldn't stick his finger in the pencil sharpener, or swallow his house key, or run with scissors. If he keeps making bad choices, he could just fall between the cracks for good. But he is determined not to let that happen.